

# Multidimensional Wellbeing: what it is, and how it relates to reducing poverty and inequality

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## Rationale

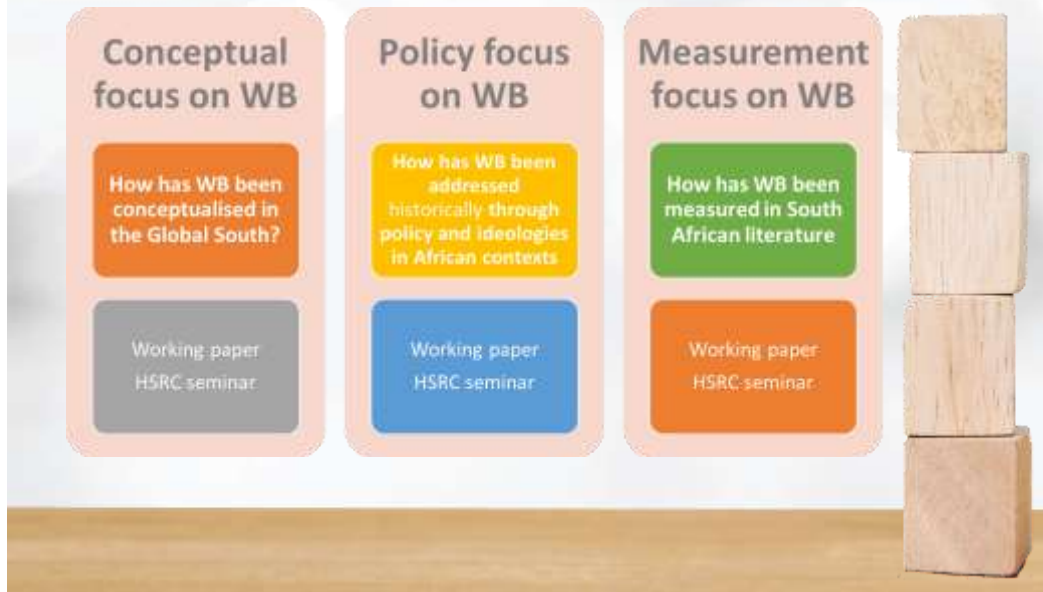
- Poverty and inequality remains a key concern globally
- Poverty and inequality and interrelated and multidimensional
- Poverty and Inequality
  - have far-reaching consequences for wellbeing
  - compromise our life chances
  - affects people differently depending on sex, race, geography and generation
- Multidimensionality is a key frame for this work



How does wellbeing relate to reducing poverty and inequality?



## Phase I: Descriptive and Explorative



## Phase II: Empirical Studies

1. A quantitative module: How do people feel, to what do they attribute these feelings, to what extent do they believe themselves to be able to change their lives?



## Phase II: Empirical Studies

1. A small qualitative pilot: How people understand wellbeing in households and their (collective) strategies for improving/achieving wellbeing?

Sample	Data Collection
Site 1 N = 4 Households in Sweetwaters, KZN	Separate interviews with each member concurrently or sequentially + Mapping activity
Site 2 N = 3 Households in Thornton, WC	Dyadic or group interviews with dyads/couples or multiple family members at the same time + Mapping activity
	A combination of separate and dyadic/group interview techniques + Mapping activity

## Phase III: An annual longitudinal measure of Southern Wellbeing

- **Multi-dimensional wellbeing poverty and inequality South African survey:** Household and individual level accounts of wellbeing in varying degrees of poverty and across levels of inequality.
- Could this survey or index run at regular intervals, provide a tangible reminder to spread our policies and interventions over all three domains of wellbeing in South Africa and beyond?

## Wellbeing in a racialized but changing society

1. A critical review of the conceptual understandings of wellbeing across various disciplines with a special focus on the Global South
2. An analytical review of how wellbeing has been addressed through ideology and policy with a focus on African contexts
3. A systematic review of the quantitative and qualitative measures of wellbeing in South Africa
4. A paper on racism and wellbeing

