Social Networks, Social Support and HIV-Risk Behaviors among Men who have Sex with Men in Durban, South Africa: A Pilot Study

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INTRODUCTION

- South Africa continues to have the world's highest prevalence of HIV infection.
- MSM in South Africa remain one of the most at-risk populations for HIV infection, yet little is known about the social, sexual and support networks of this population.
- MSM in South Africa may face barriers to social support from families due to existing stigma on same-sex sexuality.
- Social networks and support structures within networks are shown to affect HIV-risk behaviors among MSM.
 - By diffusion of *health information*, social networks may increase individuals' knowledge of HIV-risk behaviors.
 - Perceptions of social norms for unsafe-sex within networks influence individuals' HIV-risk behaviors.

CURRENT STUDY

The current ego-centric cross-sectional pilot study aimed at understanding the composition of MSM's social networks, social support within those networks and HIV-risk behaviors.

METHODS

- N = 65; male, at least 18, Black/African, have had sex with at least one man in past 30 days, willing to refer social network
- 7 seed participants recruited through a community-based organization in Durban; seeds identified and referred their male network members to participate in study.
- Participants completed interviewer-assisted <u>social</u> <u>network assessment (SNA)</u> and <u>survey.</u>

<u>Table 1. Participants Characteristics</u>

Sexual Identity (%)	HIV Status (%)
Gay (70.8) Bisexual (20.0) Heterosexual (3.1) Transgender (6.2)	Negative (44.6) Positive (9.2) Don't know (30.8) Didn't answer (15.4)

• Mean_{Age} = 25.6 (SD = 5.46)

RESULTS

Table 2. Social Network Provision of Support and HIV-Risk Behaviors

	No. of sexual partners (<i>r</i>)	No. of UIAI partners (r)	Any UIAI (<i>OR</i>)	Social norms for condom use (r)
Network Characteristics Length of relation Sex w/any network member	27*	23	.99	.09
	.29*	.34**	6.36**	.19
Informational Support Talking HIV Talking Health	30*	21	.89	04
	09	04	1.33	.31*
Instrumental Support A place to stay Borrow money	.21	.30*	3.45**	.05
	.33	11	2.82*	.02
Emotional Support Open about sexuality Accepting of sexuality	.13	.17	.92	.39***
	.05	06	.94	.33**

Note. * p < .05, ** p < .01, *** p < .001; r = Correlation Coefficient; OR = Odds Ratio

CONCLUSIONS

- Characteristics of social networks, overlap of sexual and social networks, and social support predicted sexual risk behaviors and perceptions of norms for consistent condom-use.
- Social networks are important tools for understanding the spread of health information, and social norms for safe-sex.
- Support structures of existing social networks of MSM in South Africa may be utilized in HIV prevention network interventions.

ACKNOWLEDGMENTS

We wish to thank the staff and members of the Durban Lesbian & Gay Community & Health Center. This research was supported by a NIMH center grant (P30-MH43520; PI: Remien). Dr. Kaighobadi is supported by a NIMH training grant (T32-MH19139 Behavioral Sciences Research in HIV Infection; PI: Sandfort).



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