Burden and Social Factors
Influencing HIV/AIDS and
Tuberculosis in South Africa
in the Context of BRICS





Prof Geoffrey Setswe DrPH

Chinese Academy of Social Science/HSRC Roundtable

Theme: Social changes and inequality

Venue: Hall 1AB

Date & Time: 13 September 2015 from 16:00-17:30

Introduction

- BRICS countries represent almost half the world's population and are threatened by HIV/AIDS and TB caused by social factors;
- BRICS countries committed to work together to address HIV/AIDS & TB as part of development and health;
- We analysed the burden and social factors influencing HIV/AIDS and TB in South Africa in the context of BRICS.

Methods

- Conducted a mixed method analysis of the burden and social factors influencing HIV/AIDS & TB
- Used a comparative case study design to compare the burden and social factors influencing HIV/AIDS & TB in SA in the context of BRICS.
- Used multiple sources of data on a data abstraction template
- Themes used to analyse data:
 - Burden of HIV/AIDS & TB
 - Social factors influencing HIV/AIDS & TB in SA and BRICS
- Comparative quantitative and qualitative content analysis was used

Conceptual framework of the study



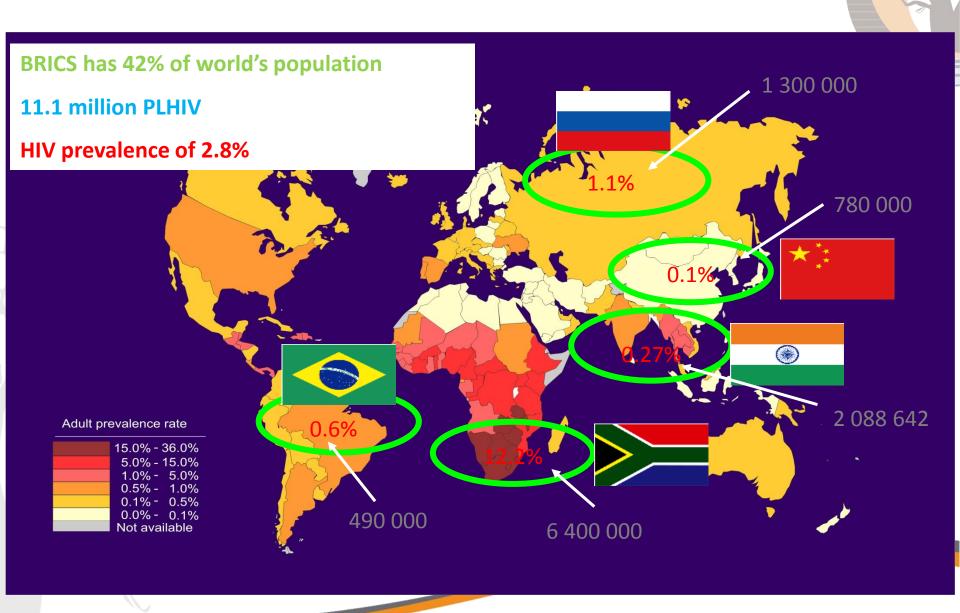
Source: Haregu, Setswe, Elliot & Oldenburg (2013)

Burden of HIV/AIDS in South Africa

Trends in HIV prevalence in South Africa, 2002-2012

Age group	2002	2005	2008	2012
2-14	5.6	3.3	2.5	2.4
45.04		40.0		MDG2015 Target = 8.7%
15-24	9.3	10.3	8.7	7.1
25+	15.5	15.6	16.8	19.9
15-49	15.6	16.2	16.9	18.8
2+	11.4	10.8	10.9	12.6

Burden of HIV/AIDS in BRICS countries, 2012



Source: UNAIDS, 2013

Burden of HIV/AIDS in BRICS countries, 2013

Country HIV prevalence		# People Living with	% contribution to	
	%	HIV	burden in BRICS	
Brazil	0.5%	490 000	4.4%	
Russia	1.1%	1 300 000	11.8%	
India	0.27%	2 088 642	18.9%	
China	0.1%	780 000	7.1%	
South Africa	12.2%	6 400 000	57.9%	
Average/Total	2.8%	11 058 000	100%	

SA's contribution to the HIV burden in BRICS is significantly high

HIV incidence & AIDS-related deaths in BRICS, 2012

HIV Incidence (Number of new infections in 2012)

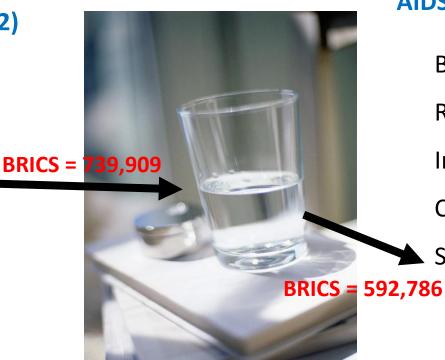
Brazil = 36,000

Russia = 70,453

India = 116,456

China = 48,000

S. Africa = 469,000



AIDS related deaths

Brazil = 11,500

Russia = 125,557

India = 147,729

China = 28,000

S. Africa = 280,000

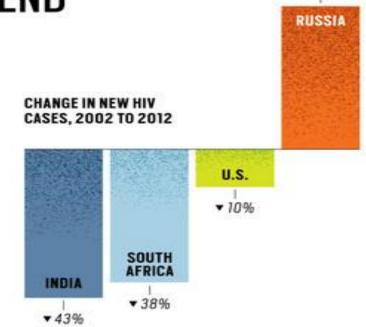
SA's contribution to new HIV infections (63.4%) and deaths (47.2%) in BRICS is significantly high

What is the latest global trends in new HIV infections?

▲ 41%

DEADLY TREND

While many countries with large numbers of people living with HIV have fewer new cases each year, Russia's epidemic is expanding.



NUMBER OF PEOPLE LIVING WITH HIV, IN MILLIONS

1	SOUTH AFRICA	6.1
2	NIGERIA	3.4
3	INDIA	2.1
4	KENYA	1.6
_	MOZAMBIQUE	1.6
6	TANZANIA	1.5
_	UGANDA	1.5
8	ZIMBABWE	1.4
g	RUSSIA	1.3
10	MALAWI	1.1
=	U.S.	1.1
_	ZAMBIA	1.1

Sources: CDC, Russian Federal AIDS Center, UNAIDS

Bloomberg Markets

Has India and South Africa turned the corner?

Analysis of HIV/AIDS epidemics in BRICS

Countries	HIV Incidence	AIDS Deaths	HIV Prevalence	Comment
Brazil			•	Epidemic has stabilized at 0.6% and concentrated
Russia				One of the world's fastest-growing HIV epidemics
India				Largest burden of HIV in Asia & third largest in the world
China				Prevalence remains low (0.058%), but the epidemic is severe in some areas
South Africa				17% of the global burden of HIV with the largest # of PLHIV

Key:

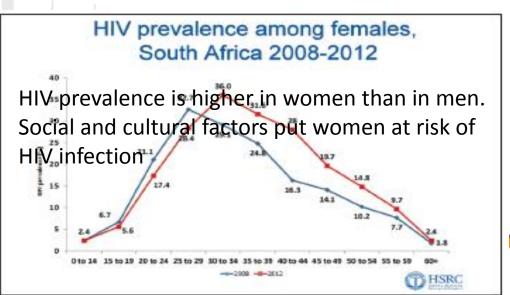
Expanding Trend

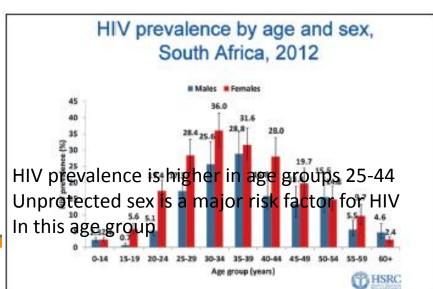
Declining Trend



Risk factors for HIV/AIDS in South Africa

- Most HIV infections occur during unprotected heterosexual intercourse
- Early sexual debut; (10.7%) of those aged 15-24 years reported having had sex for the first time before the age of 15 years.
- 19.9% of respondents aged 15-19 years were involved in age-disparate relationships.
- 12.6% of respondents aged 15+ years reported having more than one sexual partner in the last 12 months:
- 36.2% of those aged 15+ who were sexually active during the previous 12 months had used a condom at last sex act.





Burden of TB in SA

TB incidence, prevalence rate (per 100,000) and DOTS coverage (%), 2010-2013

	Indicator	2010	2011	2012	2013	
	TB incidence rate per	981	993	1,003	860	MDG2015 Target = < 253
	100,000					VID 02013 Talget - \ 233
	TB prevalence rate per	795	768	857	715	
)	100,000					
	DOTS coverage (%)	100	100	100	100	

- South Africa has the sixth highest incidence of TB in the world, with an estimated 349,582 (1% of population) new cases or 860/100,000 (2013).
- TB prevalence has decreased steadily from 2010 to 2013
- TB prevalence rate was 530,000 in 2012. This was higher than
- TB is the leading cause of death in South Africa.
- TB mortality has declined to 76/100,000 (2013)

MDG2015 Target = < 134,000

MDG2015 Target of < 147/100,000 has been Achieved

Burden of TB in BRICS



- The five BRICS countries account for 46% of all incident cases of tuberculosis and 40% of all tuberculosis-related mortality.
- India and China alone accounted for 26% and 12% of total cases of the estimated global burden of TB and a similar proportion of all cases notified to the World Health Organization (WHO).
- South Africa accounts for 30% of the estimated global number of incident cases of TB-HIV co-infection.
- The five BRICS countries have a similarity: they each harbour more TB cases than any other country or territory in their respective region.

Social factors influencing TB in SA and in BRICS

Poor, crowded & poorly ventilated settings



TB linked to HIV infection, malnutrition, alcohol, drug and tobacco use, diabetes

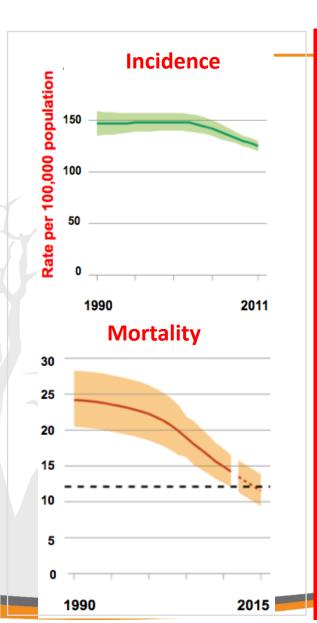




Migrants, prisoners, minorities, refugees face risks, discrimination & barriers to care



Progress in TB response in BRICS



- ✓ **51 million patients** cured, 1995-2011
- ✓ 20 million lives saved since 1995
- ✓ 2015 MDG and other international targets on track
- ✓ BUT, TB incidence declining far too slowly, 1/3 of cases not in the system, MDR-TB un-tackled etc.



Challenge: Most used tools for TB control are old and not conducive to elimination in BRICS

DIAGNOSTIC



Sputum smear microscopy
Discovered 1882

VACCINE



BCG Developed 1920s

TREATMENT



1st-line TB drugs Discovered 1943-1970







What BRICS committed to do on TB

- ✓ Provide leadership on TB;
- ✓ Develop policies, strategies and standards for TB prevention, care and control;
- ✓ Coordinate technical support to Member States, catalyze change, and build sustainable capacity;
- Monitor the TB situation, and measure progress in TB care, control, and financing;
- ✓ Shape the TB research agenda and stimulate the generation, translation and dissemination of valuable knowledge;
- ✓ Facilitate and engage in partnerships for TB action.
- China, India, Russia and, particularly, Brazil and South Africa played major roles in shaping WHO's new post-2015 TB strategy that was initially approved by WHO's Executive Board in early 2014.

Conclusions

- The five BRICS countries have produced innovative solutions and strategies for responding to HIV/AIDS. These have led to decreased mortality and morbidity from HIV/AIDS.
- BRICS countries have a huge TB burden and the elimination of TB in BRICS is far off it's a pipedream!
- Despite these challenges, the five BRICS countries made progress in TB control and treatment. They have high levels of political commitment, domestic resources, capacities and good levels of collaboration between all relevant stakeholders.
- BRICS countries provide models of care and are working together to strengthen efforts that may well be instrumental in setting and achieving future global TB targets.